



The I AM creative arts and wellbeing conference is a Christian conference that will run at the Helderberg College campus in Somerset West, South Africa, from Tuesday, the evening of 12th December to Sunday afternoon, the 17th December 2023. It is open to youth aged 16 to 21 who will stay at Helderberg in a shared room for the duration of the conference.

The aim is to provide a space for young people to engage with identifying self and looking at personal development by participating in psycho-social workshops facilitated by counsellors and therapists. A director, actor, some musicians and a film maker will guide the youth in forms of creative expression. Drama, music (singing and instrument playing), videography and creative writing will be the main forms shared with participants as ways to creatively express themselves.

Wellbeing Team

Fatih Busika (Drama Therapist)

Heidi Karamat Ali (Family Psychotherapist)

John Africa (Junior Youth Ministries Director)

Nolan Africa (Drama Therapist)

Creative Arts Team

Lisa Marie Smith (Musician)

Mangaliso Gwane (Filmmaker)

Nolan Africa (Theatre Maker)

Samantha Julius (Musician)

This conference is open to 50 attendees. This will give the facilitators opportunity to give attention to the individuals as need be. This environment created will be a non-judgemental space for the youth, allowing them to engage honestly with the arts and their emotions as they navigate life's journey.

Meals on the campus for the duration of the conference are all vegetarian.

Conference fee: R2500.00

This includes, meals, accommodation and participation to all workshop sessions.

A R500.00 deposit is required before 30 September 2023 to secure your spot at the conference. Book now, pay your deposit before 30 September, and get a discount for the conference bringing your total to R2200.00. The balance will be expected any time before the end of November. Deposits paid after 30 September will pay a total of R2500.00 for the conference.

Deposit payment to the banking details below. Your reference is: IAM followed by your name and surname. e.g IAMNolanAfrica

Bank name: First National Bank
Account Name: sp(i)eel NPO
Account No.: 62586158026
Account Type: Business
Branch Code: 201909
Branch: Woodstock

If anyone wants to help fund this project, we would appreciate that. All counsellors, therapists and artists are doing this voluntarily at the moment. Donations for workshop materials would also be greatly appreciated. Maybe you would even want to sponsor a young person to attend the conference. You may send donations to the above mentioned banking details with reference, IAMdonation or IAMsponsor.

Email registration forms to info@spieelcollective.co.za

For more details contact Nolan Africa on 079 581 1939. Thank you for considering this very needed engagement for our youth.